

Costume America's Individual Measurement Sheet

-Height is the actor's full height from floor to top of head and is to be listed as: Feet' Inches"

-Chest is around the broadest part of his/her torso directly under the armpits

Waist is the smallest part of the torso, generally right at or slightly above the belly button

-Hips are around the largest part of the rear end

-Waist to floor is taken on the side of the body from where you measured his/her waist, **straight down to the floor.**

-Waist to knee is taken on the side of the body from where you measured his/her waist, straight to the middle of the knee

-Nape to Waist is taken center front of the body from the hollow in the collar bone straight to where you measured the waist

-Across shoulders is from the top of the armhole seam directly across to the top of the other armhole seam

-Shoulder to wrist is taken with the arm loosely down by the performer's waist.

-Neck is taken loosely around the middle part of the neck

-Head is taken around the top of the head right above the ears and eyes

-Should you need further assistance, please ask. We have a more in depth guide.

Performer Name:

Show Name:

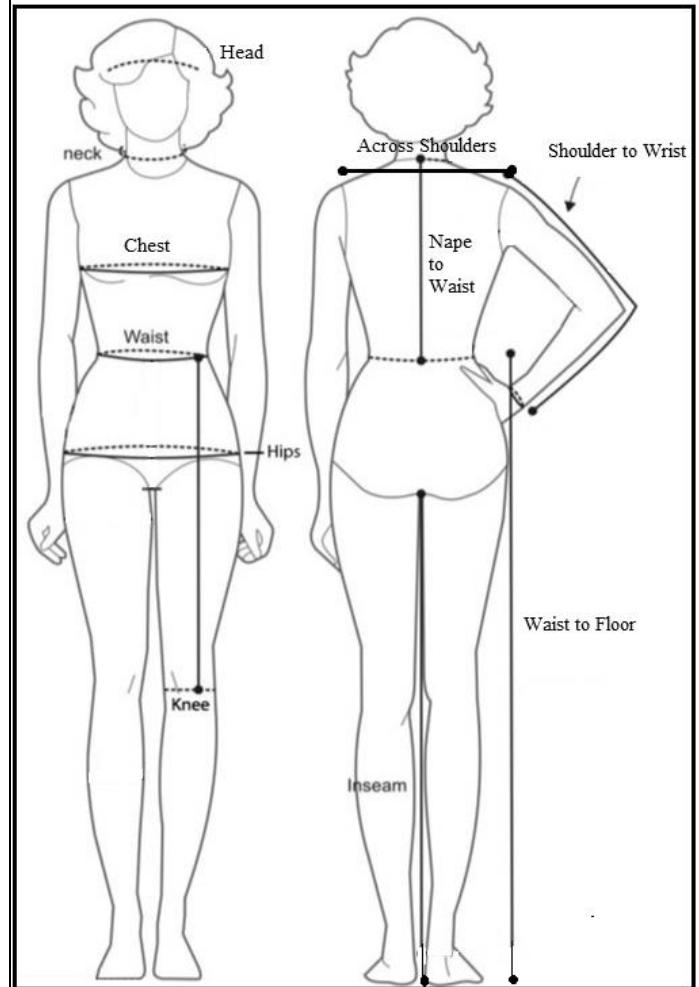
Character Name:

Sex of Performer (please circle): Male/Female

Height: _____

Chest: _____

Waist: _____



Hip: _____

Waist to Floor: _____

Waist to Knee: _____

Nape to Waist: _____

**Across
Shoulders:** _____

Shoulder to Wrist: _____

Neck: _____ **Head:** _____